Star of the Sea AC

Cross Country Dates 2017:

1st Oct: Even Age & Novice Cross Country in Fr. Murphy AC – Fr. Murphy AC

Athboy 12noon

8th Oct: Uneven Age & Master in Star of the Sea AC - Star of the Sea AC,

Greenanstown 12noon

22nd Oct: The Athletics Ireland Open Cross Country & Masters Trials – Abbottstown

28th **Oct:** Leinster Even age & Novice – venue to be decided Fairyhouse or Navan

Racecourse

5th Nov: Meath Senior Cross Country & Round 1 of Juvenile Cross Country League-

in the Porchfields, Trim 11am

12th Nov: Leinster Uneven Age & Senior – venue to be decided

19th Nov: Meath Senior Mixed Cross Country Relays 4*1000m & Juvenile Cross

Country Relays – Cowparks, Dunboyne???

26th **Nov:** National Even Age, Junior & Senior Inter Club & Inter County Cross

Country – Abbottstown

26th Nov: Cushinstown AC Indoor T&F Meeting

3rd Dec: 2nd Round of the Meath juvenile Cross Country League with also a 3k for

Fit4Life athletes to get them to try their hand at Cross Country – Na Fianna

AC, Enfield

10th Dec: Meath Intermediate Cross Country & 3rd Round of the Juvenile cross

Country League – Bohermeen??

It would be great to see both adults and juveniles competing at the Meath Cross Country Championships so if you wish to dip your toes into cross country running and would compete in any of the Meath events contact Brendan Meade at bmeade@iol.ie or on 087 2533113 as I need to pre-enter

the athletes involved.